

# Introduction to the In-Service Training

## Achieving Positive Mental Health Outcomes: Purpose, Learning Objectives, and Format of the In-Service

Presented by

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# Purpose Of Prevention And Early Intervention Program Of MHSA

- The Department of Mental Health shall establish a program designed to prevent mental illnesses from becoming severe and disabling;
- The program shall emphasize improving timely access to services for underserved populations.

# The Purpose Will Be Achieved When Negative Outcomes Are Reduced

- Suicide;
- Incarcerations;
- School failure or dropout;
- Unemployment;
- Prolonged suffering;
- Homelessness;
- Removal of children from their homes.

# Elements Associated With Achieving The Outcomes

- Outreach to families, employers, primary care health care providers, and others to recognize the early signs of potentially severe and disabling mental illnesses;
- Access and linkage to medically necessary care provided by county mental health programs for children with severe mental illness, and for adults and seniors with severe mental illness as early in the onset of these conditions as practical;
- Reduction in stigma associated with either being diagnosed with a mental illness or seeking mental health services;
- Reduction in discrimination against people with mental illness.

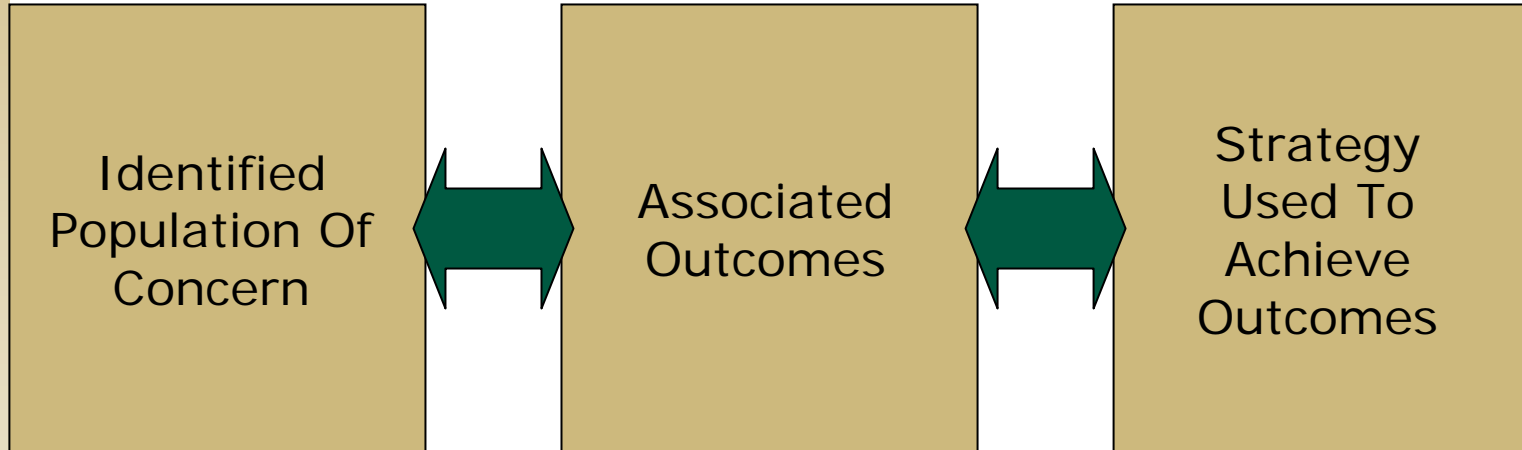
# Purpose Of The Meeting

- Identify different approaches to prevention and early intervention;
- Examine approaches to building community capacity for prevention and early intervention;
- Establish an understanding that will assist in constructing the essential elements of an action plan;
- Identify the next steps required to develop a comprehensive plan for the Commission.

# Our Role

- Offer a set of criteria to help in evaluating the information presented here;
- Summarize the main themes of the material presented here and discuss a framework for integrating material;
- Help link the material with the goals of the PEI section of MHSA;
- Raise questions and issues for further consideration, and discuss next steps.

# Framework To Organize Our Thinking



# Questions To Consider Throughout Presentation

- **What population is addressed?**

- ◆ Is this an underserved population?
- ◆ What age group is addressed?

# Questions To Consider Throughout Presentation

- **What are the associated outcomes?**
  - ◆ Are the outcomes program or population-based?
  - ◆ Are data collected for purposes of continuous improvement?

# Questions To Consider Throughout Presentation

## ■ What is the strategy?

- ◆ General education?
- ◆ Enhanced screening?
- ◆ Improved access/outreach?
- ◆ Reduces stigma?
- ◆ Strengthens protective factors?
- ◆ Others?

# Criteria To Apply When Answering Questions

- Consistent with values of MHSA;
  - ◆ Consumer and family involvement;
  - ◆ Cultural/linguistic competence;
  - ◆ Responsive to stakeholder input;
  - ◆ Outcome oriented;
  - ◆ Consistent with research evidence and community best practices;
- Aligned with stated MHSA outcomes;

# Criteria To Apply When Answering Questions (cont.)

- Likely to have long term positive impacts on communities;
- Likely that the strategy can be taken to scale locally (cost-effective);
- Potential for unintended negative or positive consequences;
- Impact on overall community capacity;
- Potential for leveraging other funds;
- Potential for local adaptation;

# Criteria To Apply When Answering Questions (cont.)

- Potential for integration with local CSS plans and other local and state initiatives.

